

To all my supporters from Japan,

Message from Megha:

The day of waiting was over and the class at the Nepal Medical College finally started on 7 Jan 2016. I remember the first day of college the starting of the coming five and half years of study period. Entering an unknown territory among 134 other strangers, I was more excited than nervous. Within few hours of time those 134 strangers became my new friends, my new family that I am to spend the next 5 years of my life. Every single lecture I attended made me more and more passionate about my dream career. I felt that the university I got into was the best one as we had an exceptionally good faculty of facilitators along with great colleagues and well equipped classes and library. I didn't even realize how early a week had passed. My life had completely changed from that day. I ate differently, thought differently and lived differently. Studying was no longer boring. Instead I had developed so much enjoyment in learning that I never expected I would. I am very thankful for all my sponsors if it was not them I would not have experienced this change of life. I consider myself very lucky to have got this opportunity and to have the pleasure of calling myself the 19th batch of Nepal Medical College. I remember very vibrantly so silent our classes are, everyone listening to every word our teacher spoke and also how we have the after class discussions. After the first week I already have a vague idea of how integrated the course is and how it is community oriented. As per the curriculum we also have separate classes for community medicine, which I think is the most impressive part. I am so anxious about the hospital and community visits that we will have in this semester. As far as the practical are concerned, they will be starting this week, which has grabbed my interest the most. Our university has adapted a great way of learning where everything revolves around us- the students. Teachers are no longer just teachers, instead they are the facilitators to our learning. The program is a fun, interactive and effective one. Most of our lectures are PowerPoint presentations based along with colorful illustrations and graphics, which made the learning process easier and fun. The journey has just begun and I can't wait to see what else it brings to me. It's only week now and I am loving every part of it.

I am very inspired and grateful by the fact that so many strangers who don't even know me helped me take a huge step closer towards my dream. This has restored my faith towards humanity. You have now become a part of my family. The opportunity that you gave me was like a priceless gift from angels from heaven. Helping an unknown girl from another country is such an unimaginable deed for which I cannot thank you enough. Basically you gave me a new life, and helped me build my future. I can't even think how different my life would be if it was not for you. "Thank you" is a very small word to express my gratitude towards you all.

Feb 10, 2016

Megha Patrabansa

日本からのすべての私のサポーターに

メーガからのメッセージ

長い待機の期間が終わり、私は 2016 年 1 月 7 日にネパール医科大学の学生となりました。私は緊張するよりも興奮していました。これからの 5 年と半年を共に過ごす見知らぬ 134 人のクラスメイト。数時間のちには私の新しい家族・私の新しい友人になっていました。

素晴らしい先生方と同僚、設備の整ったこの大学は最高であると思いました。入学して一週間が過ぎましたが、私の人生は完全にその日から変わっていました。前とは違ったところに住み、違ったものを食べ、考え方も変わっていきます。想像もしていなかった私のこんな人生。私の大学のバッジナンバーは 19 です。このナンバーを得られたことは非常に幸運であったと思います。全ての支援してくださった方々に感謝の気持ちでいっぱいです。

私たちのクラスは、誰もが先生方が話される全ての単語にしずかに耳を傾けています。私は漠然とコースの選択について考えています。コミュニティ志向か統合志向か。私の最も印象的だと思うのは地域医療の分野です。

私はすぐに開始される病院とコミュニティの訪問について、とても心配ですが興味津々です。先生方は単なる教師ではなく私たちのファシリテーターであります。素晴らしい学習方法で私たちを導いてくださいます。プログラムは楽しく、対話形式が取り入れられ効果的なものです。カラフルなイラストやグラフィックスが用いられ、PowerPoint で説明が行われます。

私の旅は今始まったばかりです。多くの見知らぬ人たちが私の夢のために支援してくださったことに感謝しています。皆さんは今、私の家族となってくださいました。あなたがくださったチャンスは天使からの貴重な贈り物のようです。他の国から未知の少女を助けることは、想像を絶する行為です。ありがとうございます。すべての方々に私の感謝の気持ちを表現するにはとても小さな言葉です。

本当にありがとうございます。

2016 年 2 月 10 日

Megha Patrabansa